



**Association of Residence Hall Students**  
*Council Meeting for Monday, February 8, 2016*

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Call to Order 6:17pm

Roll Call: What is a song that describes your life and why? (favorite song is fine)

- Ryan Fix, President
- Andrew Marshall, VP
- Alexa Ain, Director of Outreach
- Teresa Steck, Director of Legislation and Advocacy
- Sangeeth Varadaraj, Director of Finance
- Jessica Mingle - Historian/PHRA Rep
- Alex Gubler - PHRA President
- David Carcamo - PHRA Rep
- Olivia Dickinson - SHRA EVP
- Kyleigh Higie, SHRA President
- John McGlynn, Sustainability Chair
- Robert Caba, East President
- James Smith, East VP
- Chris Schmidt, East RA and Rep
- Nikhil, ENRA Rep and Co-Web design
- Zack Yukas, ENRA Rep and THON Chair
- Brian Hughes, ENRA Rep
- Leigh Bernetich, WHRA President
- Rachna, WHRA Rep
- Tucker, WHRA Rep
- Laura Daly, WHRA VP
- Pam, Graduate Student
- Katie Mischler, Movin' On Liaison
- Michael Gould, Social Chair
- Tim Roehm, NHAS President
- John, NHAS Rep
- Linda Lasalle, UHS
- Matt Roda, South Rep

Guest of the Week

- UHS - Linda Lasalle ([LAL5@psu.edu](mailto:LAL5@psu.edu))
  - Healthy Penn State Campaign (physical activity, sleep, stress, etc)
  - Nutrition Clinic
    - Weight Management Program
    - Services Provided listed in packet
  - Working with Club Cycling and Cross Country -- 5K on February 27th
    - Run or Walk, Bike component, prizes & giveaways
    - Looking for Volunteers, please let Linda know if you are interested
  - Tobacco Free Campus Initiative
    - Looking towards collaborating on the initiative
    - What are our interests? What can we do to achieve a common goal?
      - Alex: Bigger collaboration with the CAPs program, especially with the class gift donation this year
      - John: Can you elaborate more on the enforcement components?
        - Linda: This has been a struggle for lots of other Universities. There are many options and we will be looking for student input. My opinion is that we should not worry about this aspect, we should give information on the policy and the expectations.
      - Linda: Other thoughts?
        - Ryan: We come at this from a programming standpoint. What else can we do? We mentioned cigarette butts, can we talk more about this?

- Linda: Health Works program. They do promotional activities on campus. They want to do a spring trash clean up day on campus (collaboration opportunity). The focus will be on cigarette butts, the primary trash on this campus.
  - \*Interest was shown by council\*
  - Linda: I would love to collect people's names and email addresses to meet and help plan the event.
- Working on Party Smart Guides
  - Incorporating feedback into guide, looking for people to help revise it. Please consider signing up for this, huge impact.
  - Changing the tone of the guide, focused off of partying and more on being safe on campus
    - Shifting away from how not to get in trouble
- Food Habits
  - Working on improving how we eat
  - Data from students shows that students do not get enough fruits and vegetables
  - James: I think nutrition is a big thing. East is under construction so finding more options has become an issue.
    - Linda: Students tend to gravitate towards high calorie, low quality foods.
  - Chris: If we had a discussion group on nutrition, an important person to include would be JR. He considers student's opinions and be helpful.
    - Linda: That's an excellent point
    - Alexa: I think it deals with the seasons and having certain foods at certain times
      - Linda: We can share that information with students and we would appreciate if you would share that information with the residents.
- Sleep Issues
  - There is research showing correlation between stress, eating habits, and obesity for not enough sleep
- How can we make sure our office and ARHS are connected, especially with turnover happening every year?
  - James: Maybe we could create a chair or liaison position to solve this problem

#### Open Student Forum

- WHRA Budget Request - Leigh Bernetich
- THON Budget Request - Olivia Dickerson and Zack Yukas

#### Liaison Reports

- **Movin' On - Katie Mischler** ([kam689@psu.edu](mailto:kam689@psu.edu))
  - Annual logo reveal February 11th from 11:00-1:30 in the New HUB (I'll post the logo into the Groupme so everyone who can't go can see it)
  - ARHS Art Wall
    - ARHS Presence on the Field, repaint it every year
      - Alexa: I think you should pursue it, sounds like a great idea!
- **National Residence Hall Honorary (NRHH) - Joey Bonavita** ([jab6457@psu.edu](mailto:jab6457@psu.edu))
  - No frills this weekend!
  - February meeting TBD
- **Panhellenic Council - OPEN**
- **University Park Undergraduate Association (UPUA) - OPEN**

#### Adviser Report

- **Mark Rameker** ([mjr22@psu.edu](mailto:mjr22@psu.edu)), **John Hurst** ([jeH9@psu.edu](mailto:jeH9@psu.edu))
  - Thanks for the retreat, it was a fun time!
  - Thank you Teresa Steck for planning it!

#### Area Reports

- **East (EHRA) - Robert Caba** ([rqc5353@psu.edu](mailto:rqc5353@psu.edu))
  - Open Skate next month
  - Mixer (school dance)

- **Eastview/Nittany (ENRA) - Nick Ottinger** ([nso5024@psu.edu](mailto:nso5024@psu.edu))
  - Super Bowl event was great! Huge turnout so thank you everyone!
  - Retreat was very fun and productive
- **North (NHAS) - Tim Roehm** ([tjr5395@psu.edu](mailto:tjr5395@psu.edu))
  - Exec Board almost filled
  - Super Bowl event was yesterday
  - Valentine's tabling this week feel free to stop by (candy)
  - Planning fair and more events
- **Pollock (PHRA) - Alex Gubler** ([afg5136@psu.edu](mailto:afg5136@psu.edu))
  - Free Condom Giveaway on Valentine's Day
  - Starting up our weekly condom cart sales
  - Looking into possible Black History month themed event
  - Finalized on PollockPalooza Theme: \*Superheroes\*
- **South (SHRA) - Kyleigh Higie** ([keh5550@psu.edu](mailto:keh5550@psu.edu))
  - 2/25/2016 - Bingo Night at 9 PM in Atherton GFC
  - 2/27/2016 - Broomball 10:15-11:15 in Pegula
  - 3/17/2016 - St. Patrick's Day Cultural Event at 6 PM in Redifer
  - 4/23/2016 - End of the year event
- **West (WHRA) - Leigh Bernetich** ([leb5437@psu.edu](mailto:leb5437@psu.edu))
  - UPAC forms were submitted
  - WESTival budget request

#### Internal Committee Reports

- **Historian - Jessica Mingle** ([jfm5509@psu.edu](mailto:jfm5509@psu.edu))
  - The Bryce Jordan Center was a rehearsal spot for three days for the Backstreet Boys during the 1999-2000 "Into the Millennium Tour".
  - Please submit pictures to <https://drive.google.com/open?id=0B10g3xVCc0MDZmJEZ0wtSVJZZE0>
- **Homecoming - DUTIES COMPLETED FOR THE YEAR**
- **Internal Policy (IPC) - OPEN**
- **Public Relations - OPEN**
- **Social - Michael Gould** ([mjg5661@psu.edu](mailto:mjg5661@psu.edu))
  - Thanks to everyone who came to the potluck!
- **THON - Zack Yukas** ([zmy5003@psu.edu](mailto:zmy5003@psu.edu))
  - Penny Wars This Week in the HUB
    - Change = Positive, Dollars = Negative
  - THON next weekend!!!! #FTK
- **Web Design - Akhil Dharmavaram** ([afd5151@psu.edu](mailto:afd5151@psu.edu)), **Nikhil Suresh** ([nzs5262@psu.edu](mailto:nzs5262@psu.edu))
  - Minutes will be updated, any suggestions for improvements?

#### External Committee Reports

- **Activities - Aimee Liu** ([ajl5543@psu.edu](mailto:ajl5543@psu.edu))
  - Casino Night - Friday, Feb. 26th
- **ARHS Cinemas - Nick Ottinger** ([nso5024@psu.edu](mailto:nso5024@psu.edu))
  - This weekend we will be showing The Hunger Games Mockingjay: Part 2
- **Campus Safety & Security - OPEN**
- **Diversity - Aimee Liu** ([ajl5543@psu.edu](mailto:ajl5543@psu.edu))
  - Cultural Movement - Tuesday, Feb. 9th, 7pm, Heritage Hall. Please attend!
- **Housing and Food Services - OPEN**
- **National Communications Coordinator (NCC) - Nick Ottinger** ([nso5024@psu.edu](mailto:nso5024@psu.edu))
  - NCC chat this Thursday
  - Final preparations for the No Frills Conference this weekend
- **Philanthropy - Jane Vandrak** ([jev5135@psu.edu](mailto:jev5135@psu.edu))
  - Will need to talk about passing money for the canned food drive
- **Student Wellness - Akshil Patel** ([anp5352@psu.edu](mailto:anp5352@psu.edu))

- Met with the UHS Student Advisory Board to discuss smoking policy & surveys. We also discussed mandated insurance for international students. Also, UHS will send out a survey to students about extending walk-in hours.
  - David: What does this look like?
    - Alexa: They want to stop international students from getting a plan and being unhappy with the large copays. This is very early in the works.
  - Still working on hand sanitizer dispensers
- **Sustainability - John McGlynn ([jvm5752@psu.edu](mailto:jvm5752@psu.edu))**
  - Sustainability Fact: More people have a mobile phone than an operating toilet.
  - Working on survey and met with member of BA442 to collaborate on survey.
  - Earth day things
    - Saplings to students who visit Penn State
    - Recycling Flash mob
  - Residence Life Green Team: "The Green Goblins" is meeting Friday, February 5th from 11 AM - noon.

#### Executive Officer Reports

- **President - Ryan Fix ([jrf5402@psu.edu](mailto:jrf5402@psu.edu))**
  - Area Presidents Meeting this week
  - Student Leaders Roundtable
  - Professionalism
    - Mentioned at the Retreat this weekend
  - Philanthropy Event (Canned Food Drive)
  - Projectors and paper saving
  - Thank you all for coming tonight! Thank you for being a part of ARHS.
- **Vice President - Andrew Marshall ([ajm6202@psu.edu](mailto:ajm6202@psu.edu))**
  - Exec Legislation: Amending the Constitution then Ratifying the Amendment in New Business pending that 3/4ths of the Legislature is Present
    - Leigh: Has anything been changed since 2-3 weeks ago?
      - Ryan: No
- **Director of Legislation & Advocacy - Teresa Steck ([txs5303@psu.edu](mailto:txs5303@psu.edu))**
  - Hope you all enjoyed the retreat!
- **Director of Programming - Misha Demchuk ([mad5833@psu.edu](mailto:mad5833@psu.edu))**
  - Cultural Movement tomorrow at 7:00 PM. Please arrive early. Excuses are due by 9 PM tonight.
  - Casino Night- Feb 26th 10-1
  - Race to Relay- March 20th at 11 AM
- **Director of Outreach - Alexa Ain ([apa5098@psu.edu](mailto:apa5098@psu.edu))**
  - Bystander Intervention
  - Thank you to John and everyone who came to the retreat!
- **Director of Records - OPEN**
- **Director of Finance - Sangeeth Varadaraj ([skv5072@psu.edu](mailto:skv5072@psu.edu))**
  - Account Balance: \$47,915.39

#### Forum Break

- Budget Requests
  - WHRA
  - THON
- Canned Food Drive Money
- Professionalism
- Types of Agendas

#### Open Discussion

- WHRA Budget Request
  - James: I'm all for it
- THON Budget Request
  - James: For the Kids.
- Canned Food Drive Money
  - John: How many cans does UMD have?

- Ryan: She will not say
  - Rob: I suggest we pass \$409 for cans
- Website
  - James: Can we take a new picture for EHRA and give it to you?
  - Akhil: Yes
- Student Leader Roundtable
  - No discussion
- Professionalism
  - James: What does this entail?
    - Ryan: This was a buzzword we kept coming back to at the retreat. Details were not there but it was something mentioned multiple times.
    - Kyleigh: Lots of discussion we have turn into conversations. In a room like this, it can be very difficult. Also yield to redundancy should be expressed more.
  - Teresa: Do you think we should create two groupmes, one for professional and one social
    - Overall thought to be a good idea
- Types of Agendas
  - James: Are these recycled after the meeting?
    - Yes
  - David: I like the idea of using the budget request on the projector
  - Akhil: Would we still submit them to you?
    - Ryan: Yes
  - Kyleigh: Can we send out budget requests prior to the meeting?
    - Teresa: Yes we could
  - Alex: Could we send them out prior to the meeting?
    - Teresa: We would have to send them out to you on Monday morning or make the submission deadline earlier in the weekend.
    - Teresa: What is the latest we could send them out?
      - Overall: Monday at 4pm
  - David: My only fear with Kyleigh's idea is that people will not read it meaning we need to spend more time discussing the questions.
    - Akhil: In addition, the people asking for money are presenting
    - Kyleigh: My idea was just to streamline the discussion
  - Recap: We are interested in us sending out the agendas prior to the meeting, allowing you to be prepared to speak on it. ARHS will stop bringing them. There is interest in using a projector and a screen.
    - John: If we did this, we should make it a powerpoint presentation
    - David: We could do one agenda per area
      - Alex: I like this idea

#### Old Business

#### New Business

- Zack motions to open elections
  - Seconded
  - Appointment of a new UPUA Liaison, Kyleigh Higie
    - Kyleigh was appointed as UPUA Liaison
- Nick motions to close elections
  - Seconded
  - Motion passes
- Budget Requests
  - Alex: I move to pass \$2000 for the West Halls Budget Request
    - Seconded
    - Motion passes 17-0-1
  - Nick: I move to pass \$100 to the THON Budget Request
    - Seconded
    - Motion passes 17-0-1
  - Kyleigh: I move to pass \$500 for the Canned Food Drive
    - Seconded
    - Motion passes 18-0-0
- Zach moves to amend the Constitution with the Executive Board Legislation

- Seconded
    - Motion passes 17-0-1
- Kyleigh moves to ratify the amendment pertaining to the Constitution pertaining to the Executive Board Legislation
  - Seconded
    - Motion passes 18-0-0

#### Informal Discussion

- Zach: For THON weekend we have been talking about getting a section, if you are interested in standing with us please let us know
- James: Valentine's Day is next week, consider bringing a date to our mixer
  - Alexa: When is the mixer?
    - James: Thursday from 8-11pm
    - James: 103 Johnson Commons
- Alex: Buy protection at Pollock
- Rob: Are there signups for tomorrow? Dress Code?
  - No and no, look presentable
  - Matt: Where is the event?
    - Heritage Hall
- State of State on Saturday 13th, if you would like to go talk to Ryan
- Snaps

#### Meeting Adjourned

- Kyleigh motions to adjourn the meeting
  - Seconded
    - Meeting adjourned at **7:56pm**

Budget Requests:

WHRA: Leigh Bernetich (leb5437@psu.edu)

- ASA Account Number
  - 234
- What Kind of Support are you looking for?
  - Monetary
- Name of Event, Event Date/Time/Location
  - WESTival
  - Saturday, April 9th 2 pm -6 pm in the West Quad
- Describe The Event
  - The event will begin at 2:00 p.m. in the main and lower quad areas of West Halls between Hamilton and Thompson. By Waring Commons we will be giving out free funnel cake, popcorn, cake, and drinks, this will occur throughout the event from 2:00 to 6:00. The main quad will be used for carnival games, and a table for giving away free t-shirts for tie-dye. The area between Thompson and Hamilton will have the inflatable bounce house and mechanical surf machine for students; this would be from 2:00 to 6:00 p.m. The Waring Dining Commons, will be pairing with us to serve a carnival themed dinner from 4:30 – 8:00 p.m. At 6:00 the obstacle course will be deflated and taken away by the company staff. The members of WHRA will be staffing the event along with the help of West Resident Assistants. The event will end around 6:00 p.m. and clean-up will occur afterwards.
- History of Event
  - Each year, West Halls Residence Association puts on an event that will give students a chance to relax before they start studying for finals. Last year, WHRA did Wild Wild West, and the year before was West Gone Wild. This year we decided to go with a carnival theme.
- How will this event benefit on campus students?
  - Our Spring Event, WESTival, provides a fun and relaxing experience for Penn State Students to celebrate their year and semester before a hectic and stress induced finals week. The program will provide free food, fun, and activities ranging from inflatables, and a mechanical surf machine, to carnival games like high-striker, and food such as funnel cake and popcorn.
- Have you applied for UPAC Funding?
  - Yes
- How much financial assistance are you requesting from ARHS?
  - \$2000
- How will this funding be used?
  - This funding will be used for the food, drinks, and t-shirts for tie-dyeing

ARHS: Zack Yukas and Olivia Dickerson

- ASA Account Number
  - 225
- What Kind of Support are you looking for?

- Monetary
- Name of Event, Event Date/Time/Location
  - THON
- Describe The Event
  - We would like to provide goodie bags for our THON family, as they are coming for the THON weekend. We would also like to decorate their hotel room.
- How much financial assistance are you requesting from ARHS?
  - \$100
- How will this funding be used?
  - This funding will be used to buy decorations and snacks for the children in our THON family and extended family.